

Objective 1: Strengthen leadership and governance for mental health

Target 1.1	Indicator	Means of verification	Target completion date
Develop or review and update National Mental Health Policy of 1997 in line with international human rights conventions or include Mental Health as Priority Public Health Agenda in LTHP-III and NHSP-III	Existence of National Mental Health Policy in line with international human rights conventions or inclusion of Mental Health as Priority Public Health Agenda in LTHP-III and NHSP-III	Physical availability of NMHP in line with international human rights conventions or LTHP-III and NHSP-III with inclusion of mental health as priority public health agenda	By the year 2015
Target 1.2	Indicator	Means of verification	Target completion date
Develop or review and update Draft Mental Health legislation 2068 in line with international human rights conventions or get amended Civil law with inclusion of human rights consistent provisions on issues relate with mental health	Existence of Mental Health legislation for mental health in line with international human rights conventions or amendment of Civil law with inclusion of human rights consistent provisions on issues related with mental health.	Physical availability of the Mental Health Legislation according to international human rights conventions or amended Civil law with inclusion of human rights consistent provision on issues related with mental health.	By the year 2015

Objective 2: Provide comprehensive, integrated mental health and social care services in community-based settings

Target 2	Indicator	Means of verification	Target completion date
Treatment and service gap for mental disorders will be reduced by 35%	Proportion of persons with a mental disorder who have accessed treatment and social services within the past year (%)	Baseline and periodic follow-up surveys of households (to calculate local prevalence of disorders and service uptake relating to them) and health and social care facilities (to calculate service provision for persons with mental disorder)	By the year 2020

**Objective 3: to implement strategies for promotion and
prevention in mental health.**

Target 3.1	Indicator	Means of verification	Target completion date
Have at least 2 functioning national, multisectoral mental health promotion and prevention programmes	Existence of functioning programmes of intersectoral mental health promotion and prevention	Inventory or project by project description of currently implemented programmes	By the yr. 2020
Target 3.2	Indicator	Means of verification	Target completion date
The rate of suicide will be reduced by 20%	Number of suicide per year per 100 000 population	Routine annual registration of deaths due to suicide (baseline yr:2015)	By the yr. 2020

Objective 4: Strengthen information system,
evidence and research for mental health

Target 4	Indicator	Means of verification	Target completion date
Routinely collect and report at least a core set of mental health indicators every yr. through national health information system	Core set of identified and agreed mental health indicators routinely collected and reported every year	Reporting and submission of core mental health indicators in annual regional and central reporting	By the year 2017